

PRINCE WILLIAM AREA AGENCY ON AGING

NUTRITION EDUCATION WITH MEALS ON WHEELS

FREE SERVICE PROVIDED FOR
OLDER ADULTS AGES 60+

Do you have questions about food
and nutrition? We have a
registered dietitian on staff ready
to help you!

*Please note that our registered dietitian
cannot prescribe a specific diet for your
medical condition. For all medical inquiries,
please contact your primary care provider.



To schedule your appointment, contact Erica:
egingraham@pwcgov.org
703-792-5426